

The COVID-19 crisis has taken the world by storm, changing the daily lives of almost everyone, including Egyptians. However, the ways in which Egyptians are coping with the COVID-19 crisis are completely unknown. Thus, our objective in the current proposal is to better understand how Egyptians are coping with the crisis. In particular we will test three aims: (Aim 1) Determine how Egyptians are coping on a daily basis with the COVID-19 crisis; (Aim 2) Determine the role of individual differences in daily coping during the COVID-19 crisis; and (Aim 3) Determine the links between daily coping and emotional and social well-being during the COVID-19 crisis. We will test our aims using a two-part survey study with a sample of 200 Egyptian male and female adults. Our findings will clarify how Egyptians are coping with the COVID-19 crisis and the consequences of their coping for well-being. This information will inform cultural sensitive public health-related recommendations to improve and preserve Egyptians' well-being at this sensitive time. It will also provide essential background information for treating Egyptian clients who are affected by mental illness and thus, are especially vulnerable.